

Date Balls Recipe



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Note: I've recently updated these photos and have removed the coconut oil that this recipe originally called for. I don't think it's necessary, and at times made these Date Energy Balls too greasy, but if you miss the old version, simply add 1 to 2 tablespoons of coconut oil as desired, then roll into balls.

Date Energy Balls (Vegan & Paleo) | Detoxinista

Almond & Date Protein Balls . These all-natural protein balls make a healthy eating snack and are sweetened with dates and a little bit of honey, instead of a typical protein bar that is usually packed with added sugar – so they are great to include on your healthy eating plan or weight loss plans and make a great weight loss recipe to use time and time again.

Almond & Date Protein Balls - The Healthy Mummy

This date-sweetened brownie recipe is as healthy as it gets. It has no flour or added sugar, and is naturally gluten-free, grain-free, vegan and paleo.

Date-Sweetened Flourless Vegan Brownie Recipe | Detoxinista

A fudgy brownie ball rolled in crunchy cinnamon toasted buckwheat into the perfect easy bite-sized snack. Vegan, gluten-free, naturally sweetened! Still workshopping that title, but we'll stick with it for now. If your mind is having trouble breaking it all down, allow me... A naturally sweetened ...

Medjool Date Buckwheat Brownie Crunch Balls - Feasting on ...

My daughter and I came across a date candy recipe when she was learning about ancient Egypt. We changed some of the spices and nuts to suit our taste. My dad was a beekeeper and Mom always made a coconut date ball for Christmas. The truffles remind me of past Christmases and are ideal for something quick yet festive on a holiday tray. —Lori Daniels, Beverly, West Virginia

Almond-Pecan Date Truffles Recipe | Taste of Home

I originally published this recipe in 2014, right before running my second half marathon. When I go back and redo old pictures, I usually keep the blog post and just replace the outdated pictures.

Peanut Butter Pretzel Date Balls - nutritionalanatalie.com

Floater Matzo Balls – Recipe for light, fluffy matzo ball soup dumplings for Passover or anytime! Baking powder is the secret to really fluffy, light matzo balls.

"Floater" Matzo Balls - Recipe for Floating Matzo Balls

These Whole30 / Paleo chocolate coconut energy balls are an amazing midday snack and energy boost! Sweetened only with dates and super easy to make, they taste decadent, similar to an almond joy, but are 100% guilt-free.

Chocolate Coconut Energy Balls (with Pecans and Dates)

Newfoundland Date Squares are a traditional Newfoundland treat! Slightly sweet, with a crumbly topping, and a soft, chewy center, perfect for an afternoon snack with a cup of hot tea! Date Squares and Newfoundland go hand in hand – that's...

Newfoundland Date Squares - Lord Byron's Kitchen

These delicious no-bake Holiday Oreo Cookie Balls will add a festive touch to your holiday cookie trays.. Thank you to OREO Cookies for sponsoring this post. You need to add these cute little Holiday Oreo Cookie Balls to your holiday cookie trays this year!

Holiday Oreo Cookie Balls | Valerie's Kitchen

Filling: 1/2 pound pitted soft Medjool dates. 2 tablespoons water. Pinch fine salt. 1/4 cup finely chopped crystallized ginger. 1/2 teaspoon finely grated orange zest

Maamoul: Stuffed Date-Orange Cookies Recipe - Food Network

These Simple No Bake Chocolate Peanut Butter Energy Balls make the perfect snack, breakfast, or even dessert! They are packed with protein to keep you full longer and taste like a Peanut Butter Cookie!

No Bake Chocolate Peanut Butter Energy Balls | Easy ...

Bliss balls with no dates and nut free, a great energy bite recipe for kids made with wheat biscuits

Bliss Balls With No Dates & Nut Free - Snack For Kids

This Classic Cheese Ball recipe makes the perfect party appetizer. This cheese ball is made with cheddar cheese, cream cheese, green onion and spices, and coated in chopped pecans.

Classic Cheese Ball Recipe - Tastes Better From Scratch

A friend gave me the recipe for these cookies many years ago, and they're as delicious as the ones Mom used to make. The secret to the recipe is to measure exactly (no guessing on the amounts) and to not overbake. —Wendy Coalwell, Abbeville, Georgia

Oatmeal Raisin Cookies Recipe | Taste of Home

Dinner rolls don't have to be white and fluffy These flavorful brown-bread rolls are chock full of a variety of tasty seeds and are sweetened with a touch of molasses. The dough resembles a whole-wheat challah, with a crisp crust and a light texture.

Seeded Molasses Whole-Wheat Dinner Rolls Recipe

This perfect picnic for two is great for an outdoor date night or even just a quick, romantic dinner at home. The fresh fruit, vegetables and cheese pair perfectly with prosecco for sipping. Chocolate-dipped strawberries for dessert make the meal extra-special.

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